

Young People's Service & Toolkit

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Young People's Services



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- Funded by Comic Relief & DCSF
- Three Phases:-
 - Development – synthesize research & best practice produce service model and toolkit
 - Pilot – toolkit piloted, evaluated & revised
 - Dissemination – regional training packages & conference
- Focus – young people with issues of violence and abuse in their close relationships – dating, parental, siblings etc.

What We Would & Wouldn't Include



- Child to parent violence
- Sibling abuse
- Intimate partner violence
- Sexual abuse outside of intimate relationships
- Gang related violence

As Learners We Remember



- 10% of what we read
- 20% of what we hear
- 30% of what we see
- 50% of what we see and hear
- 80% of what we say
- 90% of what we say and do

Approaches



- Our own and our partner's stuff and a wealth of exercises from targeted work in the UK and across the world
- Universal youth, schools and relationship programmes
- Anger management
- Cognitive behavioural therapy
- Narrative therapy

Approaches



- Solution focused therapy
- Non violent communication / conflict resolution
- Drama / psychodrama – hot seating / role-play / dramatised scenarios
- Guided relaxation / mentalisation exercises
- Adult domestic violence perpetrator work

Organisations



- Barnardos – Newcastle

(Young Asylum Seekers & young male offenders (YOS))

- Base 25 – Wolverhampton

(Local referrals, footfall & schools)

- Relate – Coventry

(Schools & self referrals)

- SLAWO – London

(BME – largely African descent – residential and community work)

- Respond – London

(Young people moderate learning difficulties)

The Toolkit



Whole toolkit – including introductory sections on:

- Research
- Publicity and referrals
- Assessment
- Parent / partner support
- Evaluation

Followed by all the intervention techniques and exercises

Recommended 10 weeks programme for <15

Recommended 10 weeks programme for >15

Search Tool



Are the clients you're working with:

- 1 to 1
- Group
- Family

Are they:

- Female
- Male

Sexuality:

- Same Sex
- Heterosexual

Role:

- Victim
- Perpetrator

Relationship to victim:

- Parent / Sibling
- Partner

What is their age:

- 11 - 15
- 15 - 19